





COPA is excited to introduce Manulife's Health and Dental Plan, exclusive to COPA Members.

The Association Health & Dental Plan

Coverage that fits **you**, and your budget.

A little every month can save you a lot later.

One-size-fits-all usually fits no one - especially when it come to health and dental coverage. That's why the Association Health & Dental Plan offers 8 choices, to give you the coverage that's right for you, at the price you need.

- Without coverage?
- Employer plan doesn't provide enough coverage?
- Self-employed?

Out-of-pocket health costs continue to rise in Canada. The Association Plan options start where provincial plans stop. They could help save you thouseands of dollars on routine and unexpected prescription drugs, dental care, vision care and more.



Healthcare online 24/7, on demand healthcare included for free with all COPA Plans.

Included with the plan:



Get a diagnosis and treatment plan for common concerns like colds, the flu, eye issues, skin conditions and more.



Seek help for mental health issues.1



Get a referral to a nearby specialist.



Have prescriptions renewed or even get a new one.²



Get lab test requisitions emailed directly or have them sent to the lab or clinic of your choice.





Advice from a cross-country team of reliable, friendly and knowledgeable clinicians on staff.

1. Speaking with a nurse practitioner is included in your membership, but before you book a session with a psychotherapist/registered social worker or psychologist, you'll be infromed that a fee will be charged for their service.

2. NOTE: Healthcare Online does not prescribe medical marijuana or controlled substances.

To register or if you have any questions, please call the below contact in your area:

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